

Peninsula School Sport PO Box 1022 North Cairns 4870



#### LEVEL 1, 45 - 61 Tills Street, Westcourt 4870

Telephone 07 40365006

E-mail pensport@ged.gld.gov.au Website www.peninsulaschoolsport.eg.edu.au

#### **13-19 Years Queensland State Championships Details**

Dates: Saturday 23<sup>rd</sup> March – Monday 25<sup>th</sup> March 2024

Venue: Brisbane Aquatic Centre, Brisbane

Accommodation: Individual arrangement

Travel: Individual arrangement

Championship Levy & Administration costs: \$250 Approx. (To Be Advised)

Additional Sport and Championship Information:

https://queenslandschoolsport.education.qld.gov.au/sports-information/sports-h-s/swimming

### **PROCEDURE:**

(1) Students will swim in age group as year of birth-

os
14 years
16 years
19 years
19 years
19 years



Complete your nomination here!!

Multi-class Age Groups 13 – 15 years: born 2011 – 2009

- 16 19 years: born 2008 2005
- (2) There will be NO regional selection trial conducted, the team is selected via paper nominations. Please see <a href="https://fnq.swimming.org.au/">https://fnq.swimming.org.au/</a> for upcoming local carnivals. Swimmers are encouraged to use local carnivals and school carnivals to qualify for the Peninsula Swimming Team.
- (3) Students must nominate for each event they wish to be considered for. Enter the best time and also list when and where performed. These times must be recent and may be checked for accuracy. Nomination forms must include copy of Swimming Australia's 'Results Central' if times were swum at club events. If nominated times were swum at a school carnival, the carnival convenor or school staff member must verify.
- (4) All students must be enrolled in an affiliated school, college, special school or school of distance education
- (5) Ages are calculated as year of birth e.g. a student in the 13 years events must be born in 2011.
- (6) Complete the nomination survey online https://survey.qed.qld.gov.au/n/e58h4Ay
- (7) Attach the <u>2024 Peninsula Student Permission details and consent booklet</u> and <u>results from results central must be attached in PDF or word format only with student name in the file name (e.g. John Smith Peninsula Permission forms)</u>. Nominations will not be considered without this information.
- (8) All nominations are to be submitted via the survey and if you are not able to attach the student permission booklet and results to the survey, please ensure you email them to Jemma MCCLAFFERTY <u>JMCCL62@EQ.EDU.AU</u> by 5pm on Monday 19<sup>TH</sup> February 2024.

### SELECTION OF TEAM:

- (1) Students will be selected from paper nominations and follow the competition procedures for how many students are selected in each event.
- (2) The Peninsula Time Standards should be used as a guide.
- (3) Students will be selected on nominated times- with fasted nominations given team selection preference.



## 13-19yrs PENINSULA SWIMMING NOMINATION – SCHOOL RESULTS ONLY (You must also complete the survey and attach this document to the survey)

Student's Name:	School:			
Date of Birth:	Age Group:			
Parent's Name:	Male / Female:	Male	Female	(Please circle)
Parent's Mobile Phone No:				
Parent's Email Address:				

Event	2023 Peninsula Time Standard	Do you meet the time? √Yes ×No	Best Time (Current Season)	Where	Date
50 m Freestyle					
50 m Backstroke					
50 m Breaststroke					
50 m Butterfly					
100 m Freestyle					
100 m Backstroke					
100 m Breaststroke					
100 m Butterfly					
200 m Freestyle					
200 m Backstroke					
200 m Breaststroke					
200 m Butterfly					
200 m Indiv. Medley					
400 m Freestyle					
400 m Indiv. Medley					
800m Freestyle					
1500m Freestyle					
Are you willing to swim relays for Peninsula?	Yes / No sw	you willing to im relays for other region?	Yes / No	Are you willing to to swim up for relays?	Yes / No

If using school carnival times this section must be completed.

SCHOOL MEET CERTIFICATION (by Carnival Convenor or School Staff Member)

Name ...... Date: ...... Date: ......

I certify that the nominated times are accurate.

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# 13-19yrs Peninsula School Swimming Time Standards 2023

BOYS EVENTS						
		13 years	14 years	15 years	16 years	17-19
50 metres	Freestyle	32.00	30.00	29.00	28.50	<b>years</b> 28.00
50 metres	Breaststroke	39.50	37.00	36.00	35.50	35.50
50 metres	Backstroke	36.50	34.00	33.00	32.50	32.00
50 metres	Butterflystroke	33.50	32.00	31.00	30.00	29.00
100 metres	Freestyle	1:07.00	1:05.00	1:03.00	1:00.00	59.50
100 metres	Breaststroke	1:30.00	1:28.00	1:24.00	1:22.00	1:20.00
100 metres	Backstroke	1:19.00	1:17.00	1:15.00	1:13.00	1:08.00
100 metres	Butterflystroke	1:17.00	1:15.00	1:11.00	1:10.00	1:05.00
200 metres	Freestyle	2:22.00	2:20.00	2:18.00	2:15.00	2:12.00
200 metres	Breaststroke	3:07.00	3:05.00	3:00.00	2:56.00	2:53.00
200 metres	Backstroke	2:45.00	2:40.00	2:35.00	2:31.00	2:26.00
200 metres	Butterflystroke	2:45.00	2:42.00	2:36.00	2:30.00	2:25.00
200 metres	Individual Medley	2:40.00	2:38.00	2:35.00	2:32.00	2:30.00
400 metres 400 metres	Freestyle Individual Medley	5:00.00 5:50.00	4:50.00 5:45.00	4:45.00 5:35.00	4:40.00 5:30.00	4:30.00 5:20.00
400 metres		5.50.00		13 – 19 Years	5.50.00	5.20.00
800 metres	Freestyle			9:10.00		
000 metres	Treestyle			13 – 19 Years		
1500metres	Freestyle			18:10.00		
GIRLS EVENT	rs					
		13 years	14 years	15 years	16 years	17-19
50	E t. t.	00.00	04.00	00.50	00.00	years
50 metres	Freestyle	32.00	31.00	30.50	30.00	29.50
50 metres	Breaststroke	40.00	39.00	38.50	38.00	37.50
50 metres	Backstroke	37.00	36.00	35.00	34.50	34.50
50 metres	Butterflystroke	34.50	33.50	33.00	32.00	31.50
100 metres	Freestyle	1:10.00	1:09.00	1:07.00	1:05.00	1:04.00
100 metres	Breaststroke	1:31.00	1:30.00	1:29.00	1:28.00	1:26.00
100 metres	Backstroke	1:22.00	1:20.00	1:18.00	1:17.00	1:15.00
100 metres	Butterflystroke	1:19.00	1:18.00	1:16.00	1:14.00	1:13.00
200 metres	Freestyle	2:29.00	2:26.00	2:24.00	2:22.00	2:20.00
200 metres	Breaststroke	3:12.00	3:07.00	3:03.00	3:02.00	3:00.00
200 metres	Backstroke	2:50.00	2:46.00	2:42.00	2:38.00	2:36.00
200 metres			2:46.00		2.42.00	2:38.00
	Butterflystroke	2:50.00		2:44.00		
200 metres	Individual Medley	2:48.00	2:45.00	2:40.00	2:38.00	2:38.00
400 metres	Freestyle	5:10.00	5:00.00	4:50.00	4:45.00	4:45.00
400 metres	Individual Medley	6:00.00	5:50.00	5:45.00	5:40.00	5:35.00
				13 – 19 Years		
800 metres	Freestyle			9:40.00		
				13 – 19 Years		
1500 metres	Freestyle			19:20.00		

\*\* Multi-class qualifying times will be available in early 2024.

Please note these time standards should be used as a guide when nominating for the meet.

These are not the QRSS Time Standards or 2024 Extra Qualifying Standards.