**Peninsula School Sport**

**PO Box 1022**

**North Cairns 4870**

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###### 13-19 Years Queensland State Championships Details

**Dates: Wednesday 26th March – Friday 28th March 2025 Venue: Brisbane Aquatic Centre, Brisbane**

**Travel**: Individual arrangement **Accommodation:** Individual arrangement

**Championship Levy & Administration costs: $250 Approx.** (To Be Advised)

**Additional Sport and Championship Information:**

<https://queenslandschoolsport.education.qld.gov.au/sports-information/sports-h-s/swimming>

##### PROCEDURE:

1. Students will swim in age group as year of birth-

Individual Age Groups Combined Age Groups

13 years: born 2012 Junior: 13 – 14 years

14 years: born 2011 Intermediate: 15 – 16 years

15 years: born 2010 Senior: 17 – 19 years

16 years: born 2009 Open: 13 – 19 years

17 – 19 years: born 2008- 2006 Multi Age: 13 – 19 years

Complete your nomination here!!

Multi-class Age Groups

13 – 15 years: born 2012 – 2010

16 – 19 years: born 2009 – 2006

1. There will be **NO** regional selection trial conducted, the team is selected via paper nominations. Please see <https://fnq.swimming.org.au/> for upcoming local carnivals. Swimmers are encouraged to use local carnivals and school carnivals to qualify for the Peninsula Swimming Team.
2. Students must nominate for each event they wish to be considered for. Enter the best time and also list when and where performed. These times must be recent and may be checked for accuracy. **Nomination forms must include copy of Swimming Australia’s ‘Results Central’ if times were swum at club events. If nominated times were swum at a school carnival, the carnival convenor or school staff member must verify.**
3. All students must be enrolled in an affiliated school, college, special school or school of distance education
4. Ages are calculated as year of birth – e.g. a student in the 13 years events must be born in 2011.
5. Complete the nomination survey online - https://survey.qed.qld.gov.au/n/e58h4Ay
6. Email the [2025 Peninsula Student Permission details and consent booklet](https://peninsulaschoolsport.eq.edu.au/supportandresources/formsanddocuments/documents/student-forms/2025%20peninsula%20student%20permission%20details%20booklet%20-%20fillable.pdf) and results from results central must be attached in PDF or word format only with student name in the file name (e.g. John Smith Peninsula Permission forms) to [pensport@qed.qld.gov.au](mailto:pensport@qed.qld.gov.au). Nominations will not be considered without this information.
7. All nominations are to be submitted via the survey by 5pm on **Monday 17TH February 2025.**

**SELECTION OF TEAM:**

1. Students will be selected from paper nominations and follow the competition procedures for how many students are selected in each event.
2. The Peninsula Time Standards should be used as a guide.
3. Students will be selected on nominated times- with fasted nominations given team selection preference.

**13-19yrs Peninsula School Swimming**

**Time Standards 2025**

|  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| BOYS EVENTS | | | | | | | | | | |
|  |  | **13 years** | | **14 years** | | **15 years** | | **16 years** | | **17-19 years** |
| 50 metres | Freestyle | 32.00 | | 30.00 | | 29.00 | | 28.50 | | 28.00 |
| 50 metres | Breaststroke | 39.50 | | 37.00 | | 36.00 | | 35.50 | | 35.50 |
| 50 metres | Backstroke | 36.50 | | 34.00 | | 33.00 | | 32.50 | | 32.00 |
| 50 metres | Butterflystroke | 33.50 | | 32.00 | | 31.00 | | 30.00 | | 29.00 |
| 100 metres | Freestyle | 1:07.00 | | 1:05.00 | | 1:03.00 | | 1:00.00 | | 59.50 |
| 100 metres | Breaststroke | 1:30.00 | | 1:28.00 | | 1:24.00 | | 1:22.00 | | 1:20.00 |
| 100 metres | Backstroke | 1:19.00 | | 1:17.00 | | 1:15.00 | | 1:13.00 | | 1:08.00 |
| 100 metres | Butterflystroke | 1:17.00 | | 1:15.00 | | 1:11.00 | | 1:10.00 | | 1:05.00 |
| 200 metres | Freestyle | 2:22.00 | | 2:20.00 | | 2:18.00 | | 2:15.00 | | 2:12.00 |
| 200 metres | Breaststroke | 3:07.00 | | 3:05.00 | | 3:00.00 | | 2:56.00 | | 2:53.00 |
| 200 metres | Backstroke | 2:45.00 | | 2:40.00 | | 2:35.00 | | 2:31.00 | | 2:26.00 |
| 200 metres | Butterflystroke | 2:45.00 | | 2:42.00 | | 2:36.00 | | 2:30.00 | | 2:25.00 |
| 200 metres | Individual Medley | 2:40.00 | | 2:38.00 | | 2:35.00 | | 2:32.00 | | 2:30.00 |
| 400 metres | Freestyle | 5:00.00 | | 4:50.00 | | 4:45.00 | | 4:40.00 | | 4:30.00 |
| 400 metres | Individual Medley | 5:50.00 | | 5:45.00 | | 5:35.00 | | 5:30.00 | | 5:20.00 |
|  |  | **13 – 19 Years** | | | | | | | | |
| 800 metres | Freestyle | 9:10.00 | | | | | | | | |
|  |  | **13 – 19 Years** | | | | | | | | |
| 1500metres | Freestyle | 18:10.00 | | | | | | | | |
| GIRLS EVENTS | | | | | | | | | | |
|  |  | **13 years** | **14 years** | | **15 years** | | **16 years** | | **17-19 years** | |
| 50 metres | Freestyle | 32.00 | 31.00 | | 30.50 | | 30.00 | | 29.50 | |
| 50 metres | Breaststroke | 40.00 | 39.00 | | 38.50 | | 38.00 | | 37.50 | |
| 50 metres | Backstroke | 37.00 | 36.00 | | 35.00 | | 34.50 | | 34.50 | |
| 50 metres | Butterflystroke | 34.50 | 33.50 | | 33.00 | | 32.00 | | 31.50 | |
| 100 metres | Freestyle | 1:10.00 | 1:09.00 | | 1:07.00 | | 1:05.00 | | 1:04.00 | |
| 100 metres | Breaststroke | 1:31.00 | 1:30.00 | | 1:29.00 | | 1:28.00 | | 1:26.00 | |
| 100 metres | Backstroke | 1:22.00 | 1:20.00 | | 1:18.00 | | 1:17.00 | | 1:15.00 | |
| 100 metres | Butterflystroke | 1:19.00 | 1:18.00 | | 1:16.00 | | 1:14.00 | | 1:13.00 | |
| 200 metres | Freestyle | 2:29.00 | 2:26.00 | | 2:24.00 | | 2:22.00 | | 2:20.00 | |
| 200 metres | Breaststroke | 3:12.00 | 3:07.00 | | 3:03.00 | | 3:02.00 | | 3:00.00 | |
| 200 metres | Backstroke | 2:50.00 | 2:46.00 | | 2:42.00 | | 2:38.00 | | 2:36.00 | |
| 200 metres | Butterflystroke | 2:50.00 | 2:46.00 | | 2:44.00 | | 2.42.00 | | 2:38.00 | |
| 200 metres | Individual Medley | 2:48.00 | 2:45.00 | | 2:40.00 | | 2:38.00 | | 2:38.00 | |
| 400 metres | Freestyle | 5:10.00 | 5:00.00 | | 4:50.00 | | 4:45.00 | | 4:45.00 | |
| 400 metres | Individual Medley | 6:00.00 | 5:50.00 | | 5:45.00 | | 5:40.00 | | 5:35.00 | |
|  |  | **13 – 19 Years** | | | | | | | | |
| 800 metres | Freestyle | 9:40.00 | | | | | | | | |
|  |  | **13 – 19 Years** | | | | | | | | |
| 1500 metres | Freestyle | 19:20.00 | | | | | | | | |

***Please contact the Peninsula School Sport Office for multi-class times and information.***

***Please note these time standards should be used as a guide when nominating for the meet.***

***These are not the QRSS Time Standards or 2025 Extra Qualifying Standards.***