

## 10-12yrs Peninsula School Swimming Time Standards 2026

Event	Age	Peninsula Time Standards
200m Individual Medley	10 yrs	3.35.00
200m Individual Medley	11 yrs	3.19.00
200m Individual Medley	12 yrs	3.04.00
200m Freestyle	10-12 yrs	2:40.00
200m Breaststroke	10-12 yrs	3:30.00 #
200m Backstroke	10-12 yrs	3:00.00 #
200m Butterfly	10-12 yrs	3:00.00 #
400m Individual Medley	10-12 yrs	6:28.00 #
400m Freestyle	10-12 yrs	5:20.00 #
100m Freestyle	10 yrs	1.27.00
100m Freestyle	11 yrs	1.22.00
100m Freestyle	12 yrs	1.17.00
100m Breaststroke	10 yrs	1.53.00
100m Breaststroke	11 yrs	1.49.00
100m Breaststroke	12 yrs	1.40.00
100m Backstroke	10 yrs	1.40.00
100m Backstroke	11 yrs	1.35.00
100m Backstroke	12 yrs	1.30.00
100m Butterfly	10 yrs	1.45.00
100m Butterfly	11 yrs	1.37.00
100m Butterfly	12 yrs	1.30.00
50m Freestyle	10 yrs	41.00
50m Freestyle	11 yrs	39.00
50m Freestyle	12 yrs	36.00
50m Breaststroke	10 yrs	54.00
50m Breaststroke	11 yrs	50.00
50m Breaststroke	12 yrs	46.00
50m Backstroke	10 yrs	49.00
50m Backstroke	11 yrs	45.00
50m Backstroke	12 yrs	42.00
50m Butterfly	10 yrs	47.00
50m Butterfly	11 yrs	44.00
50m Butterfly	12 yrs	41.00

# These events are not eligible for selection to the Queensland Team.

***Please note these time standards should be used as a guide when nominating for the 2026 Peninsula Swimming Team. These are not the QRSS Time Standards or Tier 2 or 3 Regional Qualifying Times.***